## 2021-2022

## **Panama**

McMaster Non-Research Fellow

Tim Rickabaugh, Ph. D., Professor of Exercise Science

McMaster Associate Fellows

Olivia Lozar, Ph.D., Assistant Professor of Exercise Science

BJ Pheasant, Head Women's Soccer Coach

## McMaster Scholars

Lauren Criblez, Junior, Molecular Biology – The goal of this project is to educate our community partners in Panama on the benefits of pets, basic first aid for animals, and the precautions to take when encountering a wild, injured, or diseased animal.

Briawna Francis, Senior, Exercise Science – This project will provide nutrition education to elementary students and high school students. The goal of this project is to promote healthy habits that will develop into healthy lifestyles.

Samantha Haas, Senior, Psychology and Social Work – The goal of this project is to teach and practice study skills with students of Mañanitas, San Miguelita, and El Congo to improve the potential of students' ability to complete their education.

Grant Johnson, Junior, Molecular Biology and Pre-Medicine – This project will focus on educating students about skin cancer, how to identify signs of skin cancer, and how to take preventive measures against skin cancer. This project will raise awareness of skin cancer and increase knowledge about UV protection.

MaKayah Long, Junior, English and Psychology – This project will educate junior high students about general online etiquette, privacy, and safety, with a heavy focus on social media and how to decrease unsafe online behavior.

Brianna Snider, Junior, Exercise Science: Pre-Professional Track – This project will address the need for first aid/cpr training in Panama, including the Heimlich maneuver, and educate people on the importance of nutrition as it relates to long-term bone and joint health.